






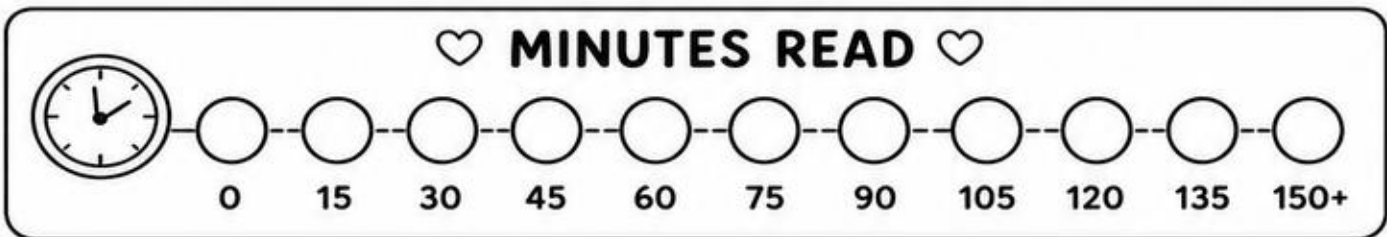



MY GOAL: _____ MINUTES!

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
 _____ _____	 _____ _____	 _____ _____	 _____ _____	 _____ _____	 _____ _____	 _____ _____



WHAT I READ:



NAME: _____
DATE STARTED: _____ DATE FINISHED: _____

